



Bell Canyon Fitness Schedule of Classes

Please contact the Instructor to RSVP or ask questions about pricing!

Bell Canyon Fitness Center Multi-Purpose Room							
Class & Contact Info.	Mon.	Tues.	Weds.	Thurs.	Fri.	Sat.	Sun.
Yoga Contact: Andrea Lilienfeld 818-344-1367		9:00 AM		9:00 AM			
Zumba Contact: Danielle Powers 818-631-2399 zumbawithdaniellep@gmail.com		7:00 PM					
Mat Pilates Contact: Jennifer Hookham 818-585-6566 jmhookham@sbcglobal.net						12:00 PM	
Bell Canyon Strong Fitness Contact: Tina Davis 818-406-1430 tinamovement@gmail.com	7:00 PM		7:00 PM			9:00 AM	

Bell Creek Park		
Class & Contact Info.	Tues.	Thurs.
Muddy Warriors Contacts: Laura & Klaudia 818-427-1945	9:00 AM Bootcamp	9:00 AM Bootcamp